# HIGHLAND CLINIC WOMEN'S CLINIC

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# **ULTRASOUND RULES**

Your Ultrasound is a fun and exciting way to get to know your baby. It is also a critical element in diagnosing fetal well-being. Therefore in order to obtain optimal diagnostic results we ask that:

#### **ACCOMPANING CHILDREN:**

- 1. If you bring small children to your ultrasound, an extra adult is required to be in the room with you, to attend to them.
- 2. If an additional adult is not available then small children will need to be in a car seat or stroller.
- 3. You will not be allowed to hold your small child on the table with you during your ultrasound.
- 4. Your small child will not be allowed to run around the room during your ultrasound.
- 5. If these requirements are not met, we will be happy to reschedule your appointment for another day.

## **GUESTS & QUESTIONS:**

- 1. During your diagnostic ultrasound exams (with the exception of gender only checks and purchased 4D packages), please limit your guests to **four (4) people.**
- 2. Please do not ask the ultrasound technician medical questions about the scan, as she is not allowed to comment. The Doctor will go over the ultrasound with you during your appointment.

### **VIDEO:**

1. Video is not allowed of the <u>entire</u> ultrasound scan. You may take <u>brief</u> pictures or video of the heartbeat, face and gender only.

## **AFTER ULTRASOUND:**

- 1. After you are finished with your ultrasound please return to the front waiting area unless otherwise instructed.
- 2. Please do not linger or sit outside of the ultrasound room.