



**These Symptoms Occur:**

- Spring
- Summer
- Fall
- Winter
- At home - room: \_\_\_\_\_
- Other: \_\_\_\_\_
- Hours at a time
- Days at a time
- Weeks at a time
- All the time

**WORSE:**

- Outdoors
- All day
- Other: \_\_\_\_\_
- At work
- At night
- At school
- In Mornings

**Symptoms Are Made Worse By:**

- Changes in Weather
- Changes in Temperature
- Changes in Humidity
- Fatigue
- Exercise
- Heat
- Cold
- Mowing Grass
- Raking Leaves
- Emotions - (Anger, Laughter, Crying)
- Foods: \_\_\_\_\_
- Other: \_\_\_\_\_
- Perfumes or Scents
- Dusting or Vacuuming
- Cleaning Fumes
- Cigarette Smoke
- Cats
- Dogs
- Feathers
- Wool
- Colds

**Current Environment: (✓ if present)**

- |   |                          |                          |                      |                          |                          |
|---|--------------------------|--------------------------|----------------------|--------------------------|--------------------------|
|   | YES                      | NO                       |                      | YES                      | NO                       |
| Cats  | <input type="checkbox"/> | <input type="checkbox"/> | Cigarette Smoke      | <input type="checkbox"/> | <input type="checkbox"/> |
| Dogs  | <input type="checkbox"/> | <input type="checkbox"/> | Forced Air Heat      | <input type="checkbox"/> | <input type="checkbox"/> |
| Birds   | <input type="checkbox"/> | <input type="checkbox"/> | Air Conditioning     | <input type="checkbox"/> | <input type="checkbox"/> |
| Other Pets  | <input type="checkbox"/> | <input type="checkbox"/> | Fans                 | <input type="checkbox"/> | <input type="checkbox"/> |
| Feather Pillow                                      | <input type="checkbox"/> | <input type="checkbox"/> | Mold Growth          | <input type="checkbox"/> | <input type="checkbox"/> |
| Feather Comforter                                   | <input type="checkbox"/> | <input type="checkbox"/> | Damp Walls or Carpet | <input type="checkbox"/> | <input type="checkbox"/> |
| Carpets or Rugs                                     | <input type="checkbox"/> | <input type="checkbox"/> | Houseplants          | <input type="checkbox"/> | <input type="checkbox"/> |
| Air Cleaner   | <input type="checkbox"/> | <input type="checkbox"/> | Improvement on Trips | <input type="checkbox"/> | <input type="checkbox"/> |
| Plastic Covers on Mattress, Pillows and Box Springs | <input type="checkbox"/> | <input type="checkbox"/> |                      |                          |                          |

Occupation: \_\_\_\_\_

If patient is a child, is he or she in a nursery setting?

If YES, how many children are in the nursery? \_\_\_\_\_

Patient's Name: \_\_\_\_\_

**Physician Notes:**

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**Physician Notes:**

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**Physician Notes:**

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Patient's Name: \_\_\_\_\_

# Environmental History

## Composition of House

Foundation     Pier/Beam     Foundation and Pier/Beam

Type of Home:     Apartment     Mobile Home/Trailer     Townhouse     Brick     Wood     Brick/Wood

Age of Home?

Has there ever been any water damage in the home?     Yes     No   

Does the house have carpet, if so how old?     Yes     No    age of carpet   

Carpet removed

Heating/AC     Gas Heat/Electric Air     Central Heat/Air     Window Units

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How old is the mattress?

What type of pillow does the patient sleep on?     Feather     Foam

Pets:     Yes     No   

Do any pets sleep in the bedroom, if so where?     Yes     No     Pet sleeps in the bed     Pet sleeps on the floor  
 Pets in cages in bedroom

Hobbies: